

THE BRAIN BOX©

I have used actual little boxes like those you use for holding file cards or paper clips. With some children it is best to use a clear container so that they can see their idea. But, when I was caught short, I simply used my pocket.



It is absolutely critical that you use the **Brain Box©** with clear and apparent sincerity - it is never used jokingly or in an authoritarian manner. The idea of it is that you are helping the child so that he can think about other things.

When you notice that the child or adult is over-focused on a topic and cannot move on, you can suggest that perhaps you can take it out of his brain for him so he can think about other things.

You then reach very carefully for his forehead, touch your fingertips together like you have just grasped something, and then pull away from him. You now have the idea in your hand. Carefully, place the idea in the **Brain Box©**.

Never throw the idea out. Because the child thought of it, it is important. He needs to keep getting the message that he has a good brain.

Sometimes, I will write the idea or draw a picture of the idea on a piece of paper or have the child do it and then place the paper in the **Brain Box©**.

After moving on to another topic and completing whatever you were doing, you can suggest to the child that the idea can now be placed back in his brain. If that is appropriate and agreeable, take the idea out of the **Brain Box©** and re-place it into his forehead. Sometimes, you may jointly decide to leave the idea in confinement for a while so the child can take a break.